



800 510 2020
rcAging.org

Riverside County Office on Aging, in collaboration with Adult Protective Services and our network of providers, offers the following resources for adult residents who have a disability, or are age 60 and older.

Free services include immediate food delivery for critical emergencies, 2-weeks supply of pantry and essential items, as well as expansion of home-delivered and Grab-and-Go meals offered at community center locations.

Depending on the site, "no-contact" pick-up may include specific appointment slots, a drive-through process, or both. Customers are required to answer telephone calls to confirm delivery appointments.

1 Visit rcAging.org to find the lists of Grab and Go centers and community pantry locations across the county.

2 Call **800-510-2020** to get help from service specialists who will determine your need for any one or more of the following service options. In observance of state and county COVID-19 Orders, food items are typically bagged into multiple-days' supply to reduce the need for contact.

- **Grab-and-Go Meals:** Up to 7 to 14 days of cooked and frozen meals packaged for those who are able to travel to the different centers in their communities.
- **Courtesy Pantry:** 2-weeks supply of shelf-stable food and essential items for (no-contact) home delivery. Expect delivery to arrive approximately 5 to 7 days after requesting to be on the service list.
- **Home-Delivered Meals (HDM):** Up to 7 to 14 days of cooked and frozen meals for (no-contact) home delivery to vulnerable adults who do not have capacity or means to go to pick-up locations. Expect delivery to arrive approximately 2 days after requesting to be on the service list.
- **Emergency Meal Delivery:** Up to 2 days of immediate food delivery for fragile adults and seniors who are at immediate risk due to lack of nutrition. This is an emergency solution until HDM is initiated.

3 **Ask us for other services!** Office on Aging can offer support for caregivers, grandparents, and seniors veterans who need transportation, utility assistance, and even limited small home repairs.