Riverside County Office on Aging, in collaboration with Adult Protective Services and our network of providers, offers the following resources for adult residents who have a disability, or are age 60 and older.

Free services include immediate food delivery for critical emergencies, 2-weeks supply of pantry and essential items, as well as expansion of home-delivered and Grab-and-Go meals offered at community center locations.

Depending on the site, “no-contact” pick-up may include specific appointment slots, a drive-through process, or both. Customers are required to answer telephone calls to confirm delivery appointments.

1. Visit rcAging.org to find the lists of Grab and Go centers and community pantry locations across the county.

2. Call 800-510-2020 to get help from service specialists who will determine your need for any one or more of the following service options. In observance of state and county COVID-19 Orders, food items are typically bagged into multiple-days’ supply to reduce the need for contact.
   - **Grab-and-Go Meals**: Up to 7 to 14 days of cooked and frozen meals packaged for those who are able to travel to the different centers in their communities.
   - **Courtesy Pantry**: 2-weeks supply of shelf-stable food and essential items for (no-contact) home delivery. Expect delivery to arrive approximately 5 to 7 days after requesting to be on the service list.
   - **Home-Delivered Meals (HDM)**: Up to 7 to 14 days of cooked and frozen meals for (no-contact) home delivery to vulnerable adults who do not have capacity or means to go to pick-up locations. Expect delivery to arrive approximately 2 days after requesting to be on the service list.
   - **Emergency Meal Delivery**: Up to 2 days of immediate food delivery for fragile adults and seniors who are at immediate risk due to lack of nutrition. This is an emergency solution until HDM is initiated.

3. **Ask us for other services!** Office on Aging can offer support for caregivers, grandparents, and seniors veterans who need transportation, utility assistance, and even limited small home repairs.